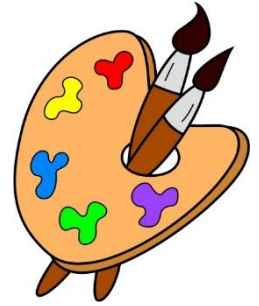




# FEELING ARTY



This activity requires some artistic flair...  
You could complete this in several different ways.

You could:

Draw your feelings, E.g.

Draw yourself/your family in lockdown and write all of the feelings and some thoughts you experienced around you.

Draw a mood-board/storyboard of all of the feelings you experienced from the start of lockdown to now

Draw/Paint a picture of what lockdown has meant to you or something that you have seen during lockdown

Try to include an element of mood/feeling through the lines and colours you choose to use.

Some examples to consider:

An empty school

An empty playground/park

A family together indoors

A shopping experience in lockdown

Masks littered on the ground

A lockdown Christmas

A happy pet with their family at home

Draw/Paint a picture of 'HOPE' - What you want the world to be like when this is all over

You may have a better idea than those above, which is absolutely fine. Be as creative as you like with this task - but remember the picture should be linked to your experience over the past year or your hopes and predictions for the future.

You will need to sketch out your basic ideas and experiment with some techniques. This is not something that should or could be done on the first attempt. It should take some time to perfect your final piece.