

**First 100 High Frequency Words**  
**Reading and Spelling Assessment**

Name: \_\_\_\_\_

	R	S		R	S		R	S		R	S
the			are			do			about		
and			up			me			got		
a			had			down			their		
to			my			dad			people		
said			her			big			your		
in			what			when			put		
he			there			it's			could		
I			out			see			house		
of			this			looked			old		
it			have			very			too		
was			went			look			by		
you			be			don't			day		
they			like			come			made		
on			some			will			time		
she			so			into			I'm		
is			not			back			if		
for			then			from			help		
at			were			children			Mrs		
his			go			him			called		
but			little			Mr			here		
that			as			get			off		
with			no			just			asked		
all			mum			now			saw		
we			one			came			make		
can			them			oh			an		

**Next 200 High Frequency Words**  
**Reading and Spelling Assessment**

Name: \_\_\_\_\_

	R	S		R	S		R	S		R	S
water			things			food			bed		
away			new			through			may		
good			after			way			still		
want			wanted			been			found		
over			eat			stop			live		
how			everyone			must			say		
did			our			red			soon		
man			two			door			night		
going			has			right			narrator		
where			yes			sea			small		
would			play			these			car		
or			take			began			mouse		
Took			thought			boy			couldn't		
school			dog			animals			three		
Think			well			never			head		
Home			find			next			king		
who			more			first			town		
didn't			I'll			work			I've		
ran			round			lots			around		
know			tree			need			every		
bear			magic			that's			garden		
Can't			shouted			baby			fast		
again			us			fish			only		
cat			other			gave			many		
long			fox			something			laughed		

**Last 300 High Frequency Words**  
**Reading and Spelling Assessment**

Name: \_\_\_\_\_

	R	S		R	S		R	S		R	S
let's			window			fell			ever		
much			sleep			friends			miss		
suddenly			feet			box			most		
told			morning			dark			cold		
another			queen			grandad			park		
great			each			there's			lived		
why			book			looking			birds		
cried			its			end			duck		
keep			green			than			horse		
room			different			best			rabbit		
last			let			better			white		
jumped			girl			hot			coming		
because			which			sun			he's		
even			inside			across			river		
am			run			gone			liked		
before			any			hard			giant		
gran			under			floppy			looks		
clothes			hat			really			use		
tell			snow			wind			along		
key			air			wish			plants		
fun			trees			eggs			dragon		
place			bad			once			pulled		
mother			tea			please			we're		
sat			top			thing			fly		
boat			eyes			stopped			grow		