



# Family Support Sessions

Sessions 19th May and 23rd June 1:00pm – 3:00pm

We are **excited** to offer our **families** the **opportunity** to work with a Family Support Officer from Noddfa, who is able to provide valuable practical and emotional support. These sessions offer guidance on day-to-day matters such as parenting strategies, managing household routines, and accessing helpful community resources.

The Family Support Officer is also there to listen, validate feelings, and support families in navigating emotional challenges, as well as signposting and referring to other relevant services within the community when needed.

Sessions will last approximately 45 minutes.

If you would like to access this supportive opportunity, please email [Mailbox@maesyllan-pri.wrexham.sch.uk](mailto:Mailbox@maesyllan-pri.wrexham.sch.uk)

